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FOR IMMEDIATE RELEASE



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NATIONALLY RECOGNIZED COMMUNITY-BASED MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING GROUP HOSTING AN OPEN HOUSE IN NORTHERN VIRGINIA

THE NATIONAL COUNSELING GROUP TO HOST OPEN HOUSE ON May 13, 2011

National Counseling Group, Inc., a leader in the provision of quality mental health and substance use treatment for over 18 years, is inviting our friends and colleagues to stop in for fellowship, food, and door prizes. The open house, scheduled for Friday May 13, 2011 from 11:00 am to 2:00 pm, will be a great opportunity for professionals and community members to learn more about NCG's philosophy and best practices used by some of the most well-trained and respected clinicians in the region to treat children, adults and families. Gretchen Abell, Director of National Counseling Group's Annandale Office shared "I have been blessed to have worked for National Counseling Group for 11 years. It's exciting to be a part of team that so deeply values community involvement and providing the best care possible to our clients. I am constantly impressed by our counselors who are out there working with families in need and look forward to more collaboration with other agencies as we continue to cultivate public-private partnerships in Northern Virginia."

Conveniently located at 4201 Martin Ave, Annandale VA. 22003, the Annandale office has been a home to National Counseling Group for over 14 years. The Annandale office is proud to provide community-based and outpatient mental health and substance abuse services for the Fairfax, Arlington and Alexandria communities. NCG's approach to therapeutic programming and case management bridges the gap between traditional mental health therapies and contemporary modalities such as multi-systemic and evidence-based programming. An innovative and compassionate organization, NCG's mission includes advocacy for increased access and availability of services, public-private partnerships, community education and support, and swift response times to those seeking help. Among the clinical services offered, include community-based services for youth, adults and families funded by Medicaid.

BACKGROUND:

The National Counseling Group, Inc. (NCG) is a private organization that was established in 1993 by Thomas W. Minnick in order to provide an outpatient program designed to more effectively address the needs of individuals suffering from the combination of mental health and substance abuse disorders by treating dual diagnosis under one roof. Comprised of highly skilled, professional and caring counselors, NCG has provided premium therapeutic services to individuals and families throughout Virginia for over 16 years and has received many accolades for the variety of community-based, school-based and outpatient services available to address mental health needs throughout the Commonwealth of Virginia. NCG currently has 20 offices with locations in Winchester, Exmore,

Herndon, Petersburg, Manassas, Marshall, Martinsville, Newport News, Richmond, Virginia Beach, Roanoke, Annandale, Fredericksburg, Culpeper, Front Royal, Harrisonburg, Staunton and Warrenton.

NCG specializes in treating behavioral problems, substance abuse issues, mental health disorders, and family discord through a multi-systemic approach and evidence-based practice. NCG has contracts with over 100 public agencies, including various Departments of Social Services, Court Services Units, Community Service Boards and public schools, serving clients in more than 50 counties across the Commonwealth.

In addition, NCG continues to play a major role to increase the accessibility of care to children, adults and families through public-private partnerships, provision of community-based programming, school-based programming, Therapeutic Foster Care, offering Medicaid-funded services and through charitable giving. In fact, in 2008 alone, NCG provided more than 300,000 units of care to over 6,000 individuals and families and donated more than \$160,000 to charitable causes including contributions for clothing and Christmas gifts for foster care children, church donations, college scholarships, Wolf Trap Foundation and the SAFE Initiative. Additionally, NCG dedicated more than \$650,000 to Public/Professional Service Trainings, public advocacy and clinical quality control.

NCG has been recognized for its innovative and excellent professional services by President Ronald Reagan, Governor Tim Kaine, The Washington Post, the Clinton Administration, and twice by the Virginia General Assembly. In July of 2008, Mr. Minnick was featured on the cover of the NFIB My Business Magazine. For more information about NCG, visit www.nationalcounselinggroup.com.