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FOR IMMEDIATE RELEASE



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NATIONALLY RECOGNIZED COMMUNITY-BASED MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING GROUP EXPANDING SERVICES TO FREDERICKSBURG AND SURROUNDING COUNTIES

THE NATIONAL COUNSELING GROUP TO HOST OPEN HOUSE ON DECEMBER 12, 2008

National Counseling Group, Inc., a leader in the provision of quality mental health and substance use treatment for over 15 years, is inviting the public to stop in for fellowship, food, and door prizes as they celebrate the opening of its newest office in Fredericksburg, Virginia. The open house, scheduled for Friday December 12th from 11:00 am to 2:00 pm, will provide community members the opportunity to learn more about this agency's philosophy and best practices used by some of the most well-trained and respected clinicians in the region to treat children, adults and families. Frank Valentine, Director of National Counseling Group's Fredericksburg Office, stated, "We are excited to bring the same type and level of comprehensive, community-based mental health and substance abuse treatment to the Fredericksburg region that we have been providing in our other offices, including Richmond and Manassas. Our goal is to become a trusted and reliable resource for youths, families, and community partners."

Conveniently located at 10705 Spotsylvania Avenue Suite 101 in Fredericksburg, the new office will continue NCG's vision of providing an array of community-based counseling, Therapeutic Foster Care and Therapeutic Day Treatment services that bridge the gap between traditional mental health therapies and contemporary modalities such as multi-systemic and evidence-based programming. An innovative and compassionate organization, National Counseling Group's mission includes advocacy for increased access and availability of services, public-private partnerships, community education and support, and swift response times to those seeking help. Among the clinical services offered in the Fredericksburg region are community-based services for youth, adults and families funded by Medicaid.

BACKGROUND:

The National Counseling Group, Inc. (NCG) is a private organization that was established in 1993 by Thomas W. Minnick in order to provide an outpatient program designed to more effectively address the needs of individuals suffering from the combination of mental health and substance abuse disorders by treating dual diagnosis under one roof. Comprised of highly skilled, professional and caring counselors, NCG has provided premium therapeutic services to individuals and families throughout Virginia for 15 years. NCG has received many accolades for providing a variety of and community-based and outpatient services to address community mental health needs throughout the Commonwealth of Virginia. NCG

currently has 15 offices with locations in Annandale, Exmore, Herndon, Hopewell, Manassas, Martinsville, Newport News, Richmond, Virginia Beach, Roanoke, Winchester, Fredericksburg, Culpepper, Front Royal and Warrenton. NCG will have 500 employees by the end of the 1st quarter of 2009.

NCG specializes in treating behavioral problems, substance abuse issues, mental health disorders and family discord through a multi-systemic approach and evidence-based practice. As a result, countless professionals have utilized NCG to service the needs of children, adolescents, young adults, adults and families. In addition to receiving referrals from private psychiatrists, attorneys, and physicians, NCG has strong relationships with public agencies throughout Virginia including Departments of Social Services, Court Services Units and public and private schools.

In addition, NCG is playing a major role to increase the accessibility of care to children, adults and families through public-private partnerships, provision of community-based programming, offering Medicaid-funded services and through charitable giving. For more information about NCG, visit www.nationalcounselinggroup.com.