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FOR IMMEDIATE RELEASE



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NATIONALLY RECOGNIZED COMMUNITY-BASED MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING GROUP HOSTING AN OPEN HOUSE IN VIRGINIA BEACH, VIRGINIA

THE NATIONAL COUNSELING GROUP TO HOST OPEN HOUSE ON SEPTEMBER 22, 2010

The National Counseling Group, Inc., a leader in the provision of quality mental health and substance abuse treatment for over 17 years, is inviting our friends and colleagues to join us for fellowship, food, and door prizes. The Open House, scheduled for Wednesday, September 22 from 11:00 am to 2:00 pm, will be a great opportunity for professionals and community members to learn more about NCG's philosophy and best practices used by some of the most well-trained and respected clinicians in the region to treat children, adults and families.

Tom Minnick, CEO and President stated "I am incredibly excited to offer this 'meet and greet' opportunity for our very hardworking NCG counselors and Virginia Beach community members. NCG is honored to have so much bi-partisan support from community leaders that truly care about the welfare of Virginians, and we look forward to welcoming those attending our Open House."

Conveniently located at 4099 Foxwood Drive, Suite 200, in Virginia Beach, the office has been open since July 2004. Karen Matthews, Director of NCG's Virginia Beach office shared, "I have been blessed to have worked for National Counseling Group for almost 4 years now, and it's exciting to be a part of a team that so deeply values community involvement. We look forward to more collaboration with other agencies as we continue to cultivate public-private partnerships in the Tidewater area."

The Virginia Beach office is proud to offer Community-Based Counseling, Therapeutic Day Treatment, Therapeutic Foster Care, and Mental Health Support Services for the cities of Virginia Beach, Norfolk, Chesapeake, Portsmouth, and Suffolk. NCG's approach to therapeutic programming and case management bridges the gap between traditional mental health therapies and contemporary modalities such as multi-systemic and evidence-based programming. An innovative and compassionate organization, NCG's mission includes advocacy for increased access and availability of services, public-private partnerships, community education and support,

and swift response times to those seeking help. Among the clinical services offered include community- based services for youth, adults and families funded by Medicaid.

BACKGROUND:

The National Counseling Group, Inc. (NCG) is a private organization that was established in 1993 by Thomas W. Minnick in order to provide an outpatient program designed to more effectively address the needs of individuals suffering from the combination of mental health and substance abuse disorders by treating dual diagnosis under one roof. Comprised of highly-skilled, professional and caring counselors, NCG has provided premium therapeutic services to individuals and families throughout Virginia for over 17 years. NCG has received many accolades for providing a variety of community-based and outpatient services to address community mental health needs throughout the Commonwealth of Virginia. NCG currently has 18 offices with locations in Winchester, Exmore, Herndon, Petersburg, Manassas, Marshall, Martinsville, Newport News, Richmond, Virginia Beach, Roanoke, Annandale, Fredericksburg, Culpeper, Front Royal, Harrisonburg, Staunton and Warrenton.

NCG specializes in treating behavioral problems, substance abuse issues, mental health disorders, and family discord through a multi-systemic approach and evidence-based practice. As a result, countless professionals have utilized NCG to service the needs of children, adolescents, young adults, adults, and families. In addition to receiving referrals from private psychiatrists, attorneys, and physicians, NCG has strong relationships with public agencies throughout Virginia including Departments of Social Services, Court Services Units, Community Services Boards, and public and private schools.

In addition, NCG is playing a major role to increase the accessibility of care to children, adults and families through public-private partnerships, provision of community-based programming, offering Medicaid-funded services and through charitable giving. NCG has been recognized for its innovative and excellent professional services by President Ronald Reagan, Governor Tim Kaine, The Washington Post, the Clinton Administration, and twice by the Virginia General Assembly. In July of 2008, Mr. Minnick was featured on the cover of the NFIB [My Business Magazine](#). For more information about NCG, visit www.nationalcounselinggroup.com.